

August 2018



parkcitynewcomers.org

SEPTEMBER 12 ANNUAL LUNCHEON - RESERVE NOW!

This year's special speaker will be Park City's MAYOR Andy Beerman

DATE & TIME: Wednesday, September 12, 2018 11:00 am - 2:00 pm

PLACE: Silver Lake Lodge, Deer Valley, 7600 Royal Street, Park City, 84060, in upper Deer Valley. Volunteers will direct you to the appropriate free underground parking. Due to ongoing construction, we recommend that you **CARPPOOL**.

COST: Newcomers Members \$42 per person; Non-members \$52 per person
(another good reason to join Newcomers NOW!!)

Reservations received after Sept 5 will be \$52.00.

MAIL YOUR CHECK WITH RESERVATION FORM below to Faith Fine, 1010 Station Loop Rd, Park City, UT 84098

QUESTIONS: Joy Rocklin joyrocklin@gmail.com (908) 268-7677 Voicemail, NO TEXTS



We are delighted to welcome **Park City Mayor Andy Beerman** as our featured speaker for our Annual Membership Luncheon. Andy is a native of Ohio who moved to Park City in 1995, met his wife Thea, and invested in a struggling hotel called the Treasure Mountain Inn. They successfully transformed the hotel into a modern, eco-friendly property and one of the first net-zero hotels in the US. Andy served as President of the downtown business alliance, then served six years on City Council before being elected Mayor. In 2017 management of the hotel was sold to focus on his new role. As Mayor, Andy continues to advocate for land preservation, renewable energy, public transportation and 'localism' (resident-centric decision-making) as well as setting a tone of: Optimism, Inclusion, and Gratitude. Mayor Beerman will present an overview of Park City's challenges, opportunities, and critical priorities.

Doors open at 11:00 am to meet and chat with fellow Newcomers and explore displays of the many Events and Activity Groups offered by the Newcomers' Club of Greater Park City. Activity Groups range from active sports and games to a variety of social events. There is something for everyone! The best reason to join Newcomers is to meet friends while sharing common interests. **The Luncheon is open to the public**, so feel free to extend an invitation to neighbors and friends.

MENU for the Luncheon includes:

- Arugula, Jicama and Grapefruit SALAD, mint lemonade dressing.
- **CHOICE of Entrée:**
 - Grilled Shrimp Scampi Skewers**, fettuccini noodles, fresh herb white wine butter sauce
 - OR- Vegetarian Lasagna**, Fresh marinara with vegetable noodles and tofu ricotta.
- Farmers' Market Brown Butter Peach TART, sweetened whipped cream.
- ENTRÉES & DESSERT ARE AVAILABLE WITH **GF OR DF OPTIONS**.
- Housemade Cracker Bread, Coffee, Decaf, Tea included.

There will be a **CASH ONLY BAR** with wine, beer, soda and a **Specialty Cocktail**.

JOIN or RENEW and MAKE YOUR LUNCHEON RESERVATIONS NOW!

------(cut along dotted line & include with your check)-----

Newcomers' Club of Greater Park City Luncheon

Name: _____ Member? (Y or N) _____

Entrée Choice: Shrimp Scampi _____ **OR** Vegetarian Lasagna _____ GF: _____ DF: _____











Name: _____ Member? (Y or N) _____

Entrée Choice: Shrimp Scampi _____ **OR** Vegetarian Lasagna _____ GF: _____ DF: _____

August

2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			¹ 10:00 am Biking 4:00 pm Board Meeting	² 11:30 am Yoga 1:00 pm MahJongg	³ 11:00 am Bowling 12:15 pm Duplicate Bridge	⁴  5:00 pm 1 st VP Event – Stampede Rodeo
⁵	⁶ 9:00 am Garden Club 1:00pm Canasta	⁷ 11:30 am Yoga	⁸ 10:00 am Coffee 10:00 am Biking	⁹ 11:30 am Yoga 3:00 pm Golf at PC 	¹⁰ HIKING 11:00 am Bowling 12:15 pm Duplicate Bridge	¹¹
¹² 	¹³ 11:00 am Book Club 1:00 pm Canasta	¹⁴ 10:15 am Writers' Circle 11:30 am Yoga 12:45 pm Fun Bridge 3:00 pm Golf at Mtn Dell	¹⁵ 10:00 am Biking 2:00 pm PickleBall 6:30 pm Bunko	¹⁶ HIKING 11:30 am Yoga 1:00 pm MahJongg	¹⁷ 11:00 am Bowling 12:15 pm Duplicate Bridge	¹⁸  6:00 pm Supper Club
¹⁹	²⁰ 1:00 pm Canasta 	²¹ HIKING 11:30 am Yoga 1:00 pm Social Singles 3:00 pm Stitch & Chat	²² 10:00 am Biking 9:00 am Lunch & Leisure (Springville Quilt Show)	²³ 11:30 am Yoga  3:00 pm Golf at PC	²⁴ 11:00 am Bowling 12:15 pm Duplicate Bridge 6:30 pm Wine Tasting	²⁵
²⁶ 	²⁷ 1:00 pm Canasta	²⁸ 11:30 am Yoga 12:45 pm Fun Bridge	²⁹ HIKING  10:00 am Biking	³⁰ 11:30 am Yoga 3:00 pm Golf at PC 4:00 pm Girls Night Out	³¹ 11:00 am Bowling 12:15 pm Duplicate Bridge	

Monthly Coffee

DATE: Wednesday, August 8, 2018
TIME: 10:00 am
PLACE: Park City Community Church, 4501 Highway 224, Park City, UT 84098
Turn off Hwy 224 onto Bear Hollow Drive
SPEAKERS: Beano Soloman with the Soloman Fund --and--
Diego Zegarra from Park City Community Foundation



Beano Soloman will be speaking about the **Soloman Fund**, which award grants to Park City non-profits that are working to increase low-income Latino participation in Sports and recreation, creating a more inclusive integrated community. Diego Zegarra is the Development and Special Projects Manager with **Park City Community Foundation**. He works with the Soloman Fund to advance the status of low-income families and connect them with diverse opportunities in town.

After the coffee, please join us at Baja Cantina, 1355 Lowell Ave, Park City, UT for lunch. The more the merrier!

1st VP Event for August *Wasatch Mountain Valley Stampede*

DATE: Saturday, August 4, 2018
TIME: **5:00 pm** – dinner at Midway Mercantile, 99 E. Main Street, Midway, UT
7:30 pm – Rodeo starts
PLACE: Wasatch County Event Center, 415 S. Southfield Rd., Heber City, UT
COST: Tickets can be ordered at the following website:
https://wasatchcounty.regtx.com/tickets/saturday-mountain-valley-stampede-rodeo_1/tickets
Reserve your seats in Section I, Row 6. Select your seats near seats 1 and 2, which are already reserved for Newcomers.



YEEEE-HAH!!! We're going to the Rodeo! This is always a fun filled evening and going with other Newcomers will make it even better. Go on-line and get your tickets now (see above). Text Joyce at 435-557-0333 or email to joyceday@icloud.com **BEFORE AUGUST 2** to make your dinner reservations.



Board Meeting

DATE: Wednesday, August 1, 2018
TIME: 4:00 pm
PLACE: Home of Sue DeMartini, 102G White Pine Canyon Rd, Park City.
– hosted by Sue DeMartini and Carole Levine

Directions: Sue's home is 5 miles up winding roads, about a 15-minute drive. Sue has suggested that we may want to carpool up to her home. If you plan to carpool, meet between 3:30-3:45 at the Park City Mountain Cabriolet Ski Lift Base, 4000 Canyons Resort Drive, Park City (for GPS destination).

AND THE WINNERS ARE...

A big **THANK YOU** to all the Newcomers who responded to our **“holiday” party survey**. Almost 80 members responded and their votes will guide this year's festivities. Results include:

- **60% plan to attend**, 30% responded "it depends", while 10% will not attend.
- **50% preferred Feb/Mar** while 20% had no timing preference.
- **Full dinner buffet and hors d'oeuvres/dessert** were the clear winners, virtually tied at roughly 35% each while 18% had no preference. One quarter of those who voted for served sit-down dinner also listed full dinner buffet as an option.
- **No preference was the favorite music** at 50%
For those who expressed an opinion, 72% went for DJ and only 28% for live band

Based on the survey results, we are planning a **festive MARDI GRAS GALA** to be held during one of the first two weekends in **March 2019**. Details to follow as we line up a location, caterer and music. Please contact Joy Rocklin at joyrocklin@gmail.com if you want to help plan this amazing first time event.

Supper Club

DATE: Saturday, August 18, 2018
TIME: 6:00 pm
PLACE: Home of Sylvia & Chuck Smyth
8831 N Jeremy Road, Park City, UT 84098
RSVP: For reservations, call Sylvia at
832-455-1855 or email
sylviasmyth@comcast.net

Supper Club is held once a month in a member's home. It is a fabulous time to meet new friends. Everyone is welcome, singles and couples alike. The hostess decides on a theme, cleans the house (or not), provides dishes, utensils, non-alcoholic beverages, opens the door, and the party begins! Please contact the Host for your food assignment.

Supper Club Etiquette

Please bring YOUR ASSIGNED DISH; enough for 10-12 people
If you are UNABLE TO ATTEND, immediately call the Host – AND if at all possible arrange to have your assigned dish delivered.
Be respectful of the Host's home. Alert them to any spillage or damage.
BYOB – bring your own beverage. Please do not expect to "share" other's beverages.

MahJongg

DATES: August 2nd & 16th (1st & 3rd Thursdays)
TIME: 1:00 – 4:00 pm
PLACE: Jupiter Bowl at Newpark Town Center
1090 Center Drive, Park City, UT
CONTACT: Joyce Kushner at 703-618-4861
or jtkushner2@gmail.com if you would like to start playing

Looking for fun and laughter? Come and join us.
MahJongg group is back with a new twist, for the first time we have adopted the traditional Chinese rules – Five Minutes to Learn; A Life Time to Master. No fees. If you are interested in an orientation, classes can be arranged by contacting Joyce.

Bowling

DATES: Every Friday
TIME: 11:00 am
PLACE: Jupiter Bowl at Newpark Town Center
1090 Center Drive, Park City, UT
COST: \$2.00 per game / \$2.00 for shoes
CONTACT: Mike Troy at jimmtt@comcast.net

Newcomers are encouraged to join the Bowling Group for lots of fun. We usually bowl two games and are finished in a couple of hours, If you'd like to play, come join us and identify yourself at the Front Desk as a Newcomer.

New and Current bowlers, please email Mike to be added to the Bowling email list.

Yoga

DATES: Every Tuesday and Thursday
TIME: 11:30 am - 12:30 pm
PLACE: Basin Recreation Fieldhouse at
Newpark Town Center,
1388 Center Drive, Park City, UT
(The class is free for Basin Rec Pass holders and Silver Sneakers. There is a drop-in fee for all others.)

Yoga is a great opportunity to learn how to align ourselves inside and out. We stretch, tone, balance and de-stress, all at the same time. No experience required, come join the fun.

Yoga Club is excited to announce a fun-filled evening at Mindful Cuisine on September 7th, where we will savor harvest vegetables and learn to meld them into a healthful and mouth-watering vegetarian meal. Own own Chef Linda is a marvelous teacher and hostess. You can sign up at www.mindfulcuisine.com. The cost is \$30 and BYOB, starting at 6:00 pm.

Writers' Circle



DATE: August 14th (3rd Tuesday)
TIME: 10:15 am – Noon
PLACE: Park City Library, 1255 Park Ave,
Park City, UT 84060
CONTACT: Ariela Shani at 949-526-9145 or
arishani49@gmail.com to confirm the dates and be on the email list for activities & updates

The Writer's Circle is for anyone who finds value in writing, writing practice and having their pieces heard. Each person who attends will have a different goal and any goal works for this group. Members are encouraged to write and to read their work out loud.

Fine Dining

If you are interested in participating in Fine Dining, please contact Linda Elbert at lmlephd@mac.com or 949-280-6379.

Fine Dining is for people who like to cook, eat, and share conversation around the table. Groups of 6 or 8 dine together once a month at a members home, rotating locations each month. A menu and recipes for the dinner are provided by the Fine Dining Coordinator (Linda Elbert). The host prepares the entrée and sets the table. Other group members prepare and bring the other dishes – appetizer, salad, side, dessert. Everyone brings their own wine or other beverage of choice.

Our current Fine Dining groups will run from July – October. You need to be able to host a Fine Dining dinner for 6 – 8 (we will have one smaller group). **Also, we use alternates to fill-in for group members as needed.** The alternate prepares the dish for the couple who cannot attend and enjoys the meal, but does not have to reciprocate by hosting. **Please contact Linda if you are interested in being part of a group or an alternate.**

Social Singles

DATE: Tuesday, August 21, 2018
TIME: 1:00 pm
PLACE: L.S. Skaggs College of Pharmacy Research
Bldg, 30 2000 E, Salt Lake City, UT 84112
RSVP: Text to Robin Fravel 435-224-3881 or
Elaine Spear 305-926-7800
before August 14th

Join us for a tour of Dean Peterson's lab at the L.S. Skaggs College of Pharmacy Research Building. Dean Peterson gave a fascinating lecture, "Drug Discovery Using a Surprising Ally – the Zebra fish" a few months ago. He generously offered to give us a private tour of his lab and explain how they are using the Zebra fish, in the hope that these small fish will have a key role in accelerating the emergence of precision medicine.

Our group will meet in the lobby of the building at 12:45 pm and make our way to the lab from there. We can arrange carpool and meet for an early dinner after the tour. Maps and parking info will be provided to those who RSVP.

Lunch & Leisure

DATE: Wednesday, August 22, 2018
TIME: **9:00 am** – meet to carpool
PLACE: Springville Museum of Art,
126 E 400 S, Springville, UT 84663
RSVP: by text to Eileen Haynes at 859-317-1178
to receive meet-up location and ensure
lunch reservations

Join Lunch & Leisure as we carpool to see the juried exhibition of Quilts at the Springville Museum of Art. We have reservations at my personal favorite "SOMI Bistro", excellent Vietnamese in Sugarhouse...consistently delicious! RSVP to Eileen (see above) today.

Shooting Group

July 18th found the Newcomers Shooting Group outside again at the Kamas Lions Club range. Our session focused on the AR-15 rifle (no, it's not an "assault weapon"). The session covered general firearms safety and issues related to semi-automatic rifles.

August's date and event haven't been determined yet, but it will likely be also outside. If you're not on our email list, send an email to kgmiller1966@gmail.com to stay informed of our activities. If you're new to shooting, or would just like to give it a try, use the same email address to arrange a free introductory one-on-one session with a certified instructor.

Friendship

Erin Mahoney, Liz Moore and Lorraine Stuecken work together behind the scenes to provide support and cheer for all types of life events.

If you know of someone who would enjoy a word of congratulations or a word of support, contact Erin (at cyouiski@aol.com), Liz (at gary-liz@msn.com or 206-817-4139), or Lorraine (at wally.lorraine@yahoo.com).

Canasta



DATES: Every Monday
TIME: 1:00 – 5:00 pm
PLACE: Jupiter Bowl at Newpark Town Center
1090 Center Drive, Park City, UT
CONTACT: Betti Richter at mollirichter@gmail.com

The Canasta Group meets every Monday. The game is challenging, yet easy to learn (we will help you through the first few weeks).

The Canasta Group is a great group of welcoming and interesting people. So, if you're up for a lot of fun, please come join us! Please contact Betti to get on our Email list for weekly notices.

Girl's Night Out

Let's Continue Summer!

DATE: Thursday, August 30, 2018
TIME: **4:00 - 6:30 pm** at Safonova in Redstone
Dinner to follow at Ghidotti's
PLACE: Safonova, 1674 Redstone Center Dr #130,
Park City, UT 84098
COST: \$5.00 for Thursday night special at
Ghidotti's plus what you buy at Safonova
RSVP: **By August 25th** to Fern Baird at
powderbeachrealty@gmail.com

Safonova is hosting an evening full of fun! Safonova's discount will be 10% off the entire purchase and a chance to win a fun goodie bag. There will also be a "VIDDA" Trunk show, which is a jewelry line from Spain, and you can enter a drawing to win a free bracelet. Also, there will be other raffles, which include Salt Pilates and a \$50.00 gift certificate to Spectrum Salon to be used for services ONLY.

Please join us for dinner afterwards at Ghidotti's for their Thursday night special.

Stitch and Chat

DATE: August 21st (3rd Tuesday)
TIME: 3:00 pm
PLACE: Home of Carol Martin
RSVP: to Carol at 239-784-3025 or email
lovetravelcm@yahoo.com for location and
directions

Join us for an enjoyable time of chatting and stitching on your current project, such as knitting, quilting, cross stitching, crocheting, etc. We will serve light snacks.

Duplicate Bridge

DATES: Every Friday (some holidays excluded)
TIME: We meet at 12:15 pm and play begins promptly at 12:30 pm.
PLACE: Jupiter Bowl at Newpark Town Center
1090 Center Drive, Park City, UT
CONTACT: Email Robin Snow at rovinrobin.snow@gmail.com for information about dates & times and to get on the Email distribution list.

Duplicate Bridge is for intermediate and advanced players who like the challenge of competing.

Fun Bridge

DATES: August 14th & 28th (2nd & 4th Tuesdays)
TIME: 12:45 - 4:00 pm
PLACE: Jupiter Bowl at Newpark Town Center
1090 Center Drive, Park City, UT
CONTACT: Call Marilyn Klein at 435-640-8945 or email to mjk22747@gmail.com

Fun Bridge welcomes all levels of bridge players. It does help to know some bridge rules, but we are a FUN group and will work with and help all comers.

PickleBall

DATES: August 15th (3rd Wednesday)
TIME: 2:00 – 4:30 pm
PLACE: Basin Recreation Fieldhouse at Newpark Town Center,
1388 Center Drive, Park City, UT
QUESTIONS: Contact Paul Beckman at paul.w.beckman@gmail.com
COST: Free for Basin Rec Pass holders and Silver Sneakers; otherwise it is \$7.00 for adults and \$4.00 for seniors. Free paddles and balls are available for checkout.

Newcomers who desire an introduction to PickleBall, and those who just want to play with other Newcomers, are encouraged to attend on the 3rd Wednesday each month at 2:00 pm, when Paul is there to make introductions and help new players get started. (Please note -- this is not a formal lesson.)

Rules for PickleBall can be found on-line at <https://www.usapa.org/rules-summary>

Basin Recreations currently offers indoor PickleBall drop-in Open play for all levels on:
Sunday thru Friday: 8:30 am – 12:00 pm
Mon, Wed, Fri: 2:00 pm – 4:30 pm
This is open to all and no Basin Rec sign-up is needed to attend. You may find some Newcomer members at any of these open sessions.

Bunko



DATE: August 15th (3rd Wednesday)
TIME: 6:30 - 8:30 pm
PLACE: Clubhouse at the Retreat at Jordanelle
13433 N. Alexis Drive, Kamas, UT 84036
(use this address with Heber City for GPS purposes – located 1 ½ miles past hospital on Hwy 248)
COST: \$5.00 and BYOB + a snack to share
RSVP: Kathie Beckman kathie.beckman@gmail.com to be added to the email list for reminders & updates

Come join us to enjoy conversation, food and a fun game of dice. Bunko is easy to learn and we are happy to get you started even if you've never played. Hope to see you there!

Book Club

DATE: August 13th (2nd Monday)
TIME: 11:00 am
PLACE: Summit County Library
(upper level conference room),
1885 W. Ute Blvd, Park City, UT
BOOK: Factory Man: How One Furniture Maker Battled Offshoring, Stayed Local and Helped Save an American Town
by Beth Macy
CONTACT: Sallie Rinderknecht at rindermom@gmail.com -or- Lorraine Stuecken at wally.lorraine@yahoo.com

Future Books

- September The Signature of All Things
by Elizabeth Gilbert
- October Where the Water Goes: Life and Death along the Colorado River
by David Owen

Hiking

Enjoy our beautiful mountains and trails, get some exercise, and meet new people. We'll be doing mid-week 4-6 mile intermediate hikes for generally 2-3 hours in and around Park City. We meet in the morning and carpool to the trailhead.

If interested in joining us, you must get your name on the hiking email list by contacting June Krigman (jrkrigman@gmail.com or 617-921-9499). Hike details with location, difficulty, duration, meeting time and place, etc. will be sent to those on the list a few days ahead of time.

Dates for the hikes for the month of August:

Friday, August 10 Tuesday, August 21
Thursday, August 16 Wednesday, August 29



Golf

We will be alternating golf courses AND days this year between Park City and Mountain Dell. Eileen Haynes will be keeping you apprised of the location and dates via texting.

To enroll in Newcomers Golf, please send Eileen Haynes a text to 859-317-1178. This is a relaxed, no-stress 9-hole format; no handicap necessary, non-competitive, score keeping optional. Beginners welcome – we ask that you be able to make contact with the ball. Walk or ride. Often, we will go out for cocktails and apps afterwards as your schedule allows.

August dates are:

Tuesday, August 14th

Meet at 3:00 pm

Mountain Dell Golf Course

Thursday, August 9th, 23rd, & 30th

Meet at 3:00 pm

Park City Golf Course



Please RSVP to Eileen with a text to 859-317-1178 for dates you plan to attend.

Garden Club

DATE: Monday, August 6, 2018

TIME: 9:00 am

PLACE: Pat Pond's Garden, at her home
7910 Pinebrook Road, Park City, UT

RSVP: No RSVP necessary. (To join the Garden Club mailing list, send email to prpond@gmail.com)

Pat has a mature perennial garden and a vegetable herb garden. She will focus on growing vegetables at high altitude and maintaining a perennial garden.

Leisure Bike Rides

*** **New Joint PCMSC and Newcomers Activity** ***

DATE: Every Wednesday

TIME: 10:00 am

PLACE: Meet up to be announced each week

INFO: Tony Edwards at 4tonye@gmail.com

Every Wednesday, Tony Edward will lead a leisure bike ride of approximately 8-10 miles. Routes will be easy, gentle rides and any bikes are acceptable; expected pace is 4 to 6 mph, but the pace will be determined during the ride to accommodate the slowest rider. Rest stops will be taken as needed;.

For more information please contact the Leader, Tony Edwards at 4tonye@gmail.com. Also go on line to the PCMSC Calendar, <http://pcmscorg.ipage.com/pcmsc/calendar/> where you will find each week's times and routes. Members will need to complete a PCMSC Activity Release Form to participate.

Wine Tasting

DATE: Friday, August 24, 2018

TIME: 6:30 pm

PLACE: Home of Ariela Shani
12349 Deer Mountain Blvd, Deer Mountain

RSVP: Ariela Shani at 949-526-9145 or email to arshani49@gmail.com

WINES: **TWO BOTTLES** of Cabernet or Sauvignon Blanc, costing between \$10-\$20.

If you like wine and having fun, this event is for you. Our monthly wine tastings are a great way to sample a range of wines and meet new friends.

Each guest brings 2 bottles of the SAME wine, one bottle for tasting (in a brown bag with the price written inside) and one bottle for the hosts. The price point is \$10 - \$20 a bottle. This will be a blind tasting and each guest will complete a tasting sheet. Near the end of the evening, the scores will be tallied and the bottles will be revealed.

ALSO, everyone brings a fancy hors d'oeuvre to share, which usually turns the event into a light buffet. (No chips and dips, please.)



**JOIN THE NEWCOMERS TEAM
for the THIRD ANNUAL WASATCH BACK
"WALK TO END ALZHEIMER'S"**

DATE: September 8, 2018

TIME: 9:00 am

PLACE: Newpark at Kimball Junction; easy 2 mile walk, DOGS ARE WELCOME as well!

Details: Park City Newcomers, will have our own team again this year. Members are invited to join us in walking for a purpose and/or donating to this important cause. There is no registration fee, but last year our "team" raised close to \$2,500. We hope to do the same, or more, this year. Go to alz.org, click on "Walks", find our team to join.

For more information: contact co-chairs, Anna Lea Kantor at 435-200-8141 or Karen Scheible at 435-200-9858.

**** MEMBERSHIP RENEWAL ****

Membership renewal has started! Forms can be downloaded from the website and mailed in with a check to the address listed at the top of the form.

Get To Know Our Advertisers

We would like to thank **ALL OUR ADVERTISERS**. Their support helps our Club succeed. We encourage our members to visit their web sites, stop by their businesses, or contact them directly whenever you are looking for new products and services. Please let them know that you learned about them through their Newcomers advertising.



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Mindful Cuisine offers cooking classes in an intimate dinner party setting complete with a spectacular view of the Wasatch Mountains. Classes are small and interactive, perfect for beginners as well as experienced cooks who want to share their passion for cooking with others. Attendees will create a variety of dishes with fresh, seasonal ingredients, then relax and enjoy the meal they have prepared. Linda Elbert is an experienced chef as well as caterer and she will put together a memorable as well as educational event. Classes are perfect for an afternoon or evening with friends or special occasions such as bridal or baby showers, birthday parties, etc.

For all details, including cookbooks and gift certificates, please visit Linda's website at www.mindfulcuisine.com.

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New Members

Members who joined after the publication of the Directory will be published in each monthly Newsletter.

If your contact information changes during the year, email Robin Fravel at robinfravel6@gmail.com as soon as possible. Also, let Robin know if you paid for a printed newsletter and are not receiving one.

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Bartlett	Lisa	08/08
Bourassa	Jerry	08/08
Brewer	Macon	08/29
Buys	Donna	08/25
Christian	Nathan	08/04
Cochrane	Dianne	08/15
Duenser	Ruth	08/22
Eichner	Richard	08/17
Elbert	Linda	08/03
Fischer	Keith	08/07
Fore	Charlie	08/06
Fuellenbach	Rich	08/23
Gardner	Curt	08/09
Gardner	Curt	08/09
Goff	Sylvia	08/06
Goicoechea	Bernie	08/20
Goodman	Amy	08/17

August Birthdays



Gray	Ron	08/23
Haggerty	Chuck	08/26
Hanley	Judy	08/09
Jamele	Joyce	08/16
Janger	Frank	08/25
Jaworski	Ken	08/01
Kuhn	Sharon	08/24
Leaumenton	Linda	08/14
Levee	Gail	08/24
Martin	Carol	08/31
Matyszczyk	Terry	08/14
Mays	Beverlee	08/19
McCowan	Judy	08/14
Moses	Dale	08/08
Murray	Holly	08/26

Newsome	Glen	08/31
O'Malley	Kim	08/16
Peacock	Marlene	08/07
Race	John	08/05
Rennie	David	08/03
Richardson	Robert	08/08
Robbins	Laura	08/13
Roof	Becky	08/11
Rounds	Gail	08/07
Ryan	Sue	08/09
Schwakopf	Dennis	08/12
Shaw	Sheila	08/22
Sims	Donna	08/31
Smith	Pam	08/05
Stuecken	Lorraine	08/30
Tueting	William	08/29
Unger	Mark	08/04
Valliere	Dick	08/09
Williams	Roger	08/30
Wise III	Celine	08/29
Woodruff	Jack	08/12
Zenz	Judy	08/24

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